

## Minerals

Mineral	Salt	Chelat
<b>Magnesium</b>	Acetate, ascorbate, aspartate, carbonate, chloride, citrate, fumarate, gluconate, hydroxyde, lactate, oxide, phosphate, silicate, stearate, sulfate	Bisglycinate, lysinate, malate, pidolate, succinate, taurate
<b>Calcium</b>	Acetate, carbonate, chloride, citrate, fumarate, gluconate, hydroxyde, lactate, malate, oxide, phosphate, stearate, succinate	Bisglycinate, citrate-malate, lysinate, malate, pidolate, succinate
<b>Sodium</b>	Carbonate, citrate, hydrogen carbonate, phosphate, sulfate	
<b>Potassium</b>	Carbonate, citrate, gluconate, hydrogen carbonate, nitrate, phosphate	
<b>Iron</b>	(Ferrous) ammonium citrate, citrate, fumarate, gluconate, lactate, sulfate	(Ferrous) bisglycinate, pidolate
<b>Copper</b>	Citrate, gluconate, sulfate	Aspartate, bisglycinate, lysinate
<b>Selenium</b>		(L-Selenium) methionine, methionine Trit 0,5%
<b>Manganese</b>	Ascorbate, chloride, citrate, gluconate, lactate, sulfate	Aspartate, bisglycinate, pidolate
<b>Chromium</b>		Picolinate
<b>Zinc</b>	Citrate, gluconate, lactate, oxide, sulfate	Acetate, aspartate, bisglycinate, lysinate, malate, monomethionin, pidolate, picolinate